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# УСТОЙЧИВО ИНТЕГРИРАНЕ НА РАСТЕНИЕВЪДСТВО И ЖИВОТНОВЪДСТВО

## МОДУЛ 4



### Въведение

В много смесени системи отпадъците от един елемент служат като ресурс в друг: оборският тор, произведен от добитъка, се използва за увеличаване на производството на култури, а фуражните култури, растителните остатъци и страничните продукти се дават на животните.

Интегрираните агроразвъдни системи са опора на селското стопанство от стотици години. По света смесените системи на земеделие се използват на около половината от общата земеделска площ. Комбинацията от култури и добитък изхранва много от хората по света и позволява на фермерите да генерират приходи от различни

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агроекологични области.  
В Полша тези системи  
някога са  
представлявали 37% от  
фермите и около 29% от  
земеделската площ.

## Описание

An example of an agricultural system in which animal husbandry and crop cultivation occur in a coordinated way is the **Organic Farm 'Pod Kasztanem'**.

An organic dairy farm specialising in dairy farming and milk processing is run by Beata and Robert Janowski.

*..." Our farm is run from generation to generation. The cows graze from spring to autumn on meadows, managed in an ecological way, without any chemical fertilisers (just manure alone). In winter, the cows are fed with hay, hay and straw from our organic fields, which they harvest themselves. Our cows see the sun, run in the meadows, eat healthy and give us the best, healthiest milk! '...*

The history of the farm began with two people and one cow. In 1944, great-grandfather Michal and great-grandmother Helena and their three children set out on foot from the village of Kowala (Puławy County). They were accompanied by a red cow named "Malina" -the host.



Photo Plant source: <https://mleczniepodkasztanem.pl/zaklad/>

During the First World War, a German citizen planted a chestnut tree on the plot where his great-grandparents had settled - hence the name.





Fig. Source:  
<https://mleczniepodkasztanem.pl/historia/>

### Advantages and challenges

#### Assortment:

- unpasteurised milk,
- cheeses with herbs,
- cream, butter, buttermilk, curd, whey,
- smoked rennet cheese,
- smoked curd,
- Ricotta cheese, Siara, matured cheese, salad cheese.



Photo Source: <https://mleczniepodkasztanem.pl/historia/>

#### AWARDS/CERTIFICATES

- Best Taste of Lublin 2016 for rennet cheese with onion, butter and unpasteurised milk
- Best Taste of Lublin 2016 for rennet cheese with onion, butter and unpasteurised milk
- "Farmer of the Year 2019" of the Łęczna district
- 1st place in the "EcoLubelskie 2020" competition
- Level I cheese-making course
- Level II cheese-making course



Photo Source: <https://mleczniepodkasztanem.pl/historia/>

... "The secret to the amazing taste of milk from our farm? Organic, harvested from our fields and meadows FODDER for the cows"....

### Main data

- The farm has been run from generation to generation. Currently, the farm is run by Beata and Robert Janowski. The history of the farm began with two people and one cow. In 1944, great-grandfather Michal and great-grandmother Helena and their three children set off on a journey on foot from the village of Kowala (Puławy county). They were accompanied by a red cow named "Malina" -the host.
- On the farm, the cows graze from spring to autumn on meadows, managed organically without any chemical fertilisers (just manure alone). In winter, the cows are fed with haylage, hay and straw harvested by themselves from the farm's organic fields.
- A farm specialising in dairy farming. The raw material (milk) is processed into cheese, butter, cream, etc. All products are **certified organic**.
- They were certified as a farm in 2014, set up their own business in 2016 and obtained organic certification for processing.
- The farm and the processing plant are under strict control of the District Veterinary Office in Łęczna.

### Further

#### Information

<https://ekologiczne-gospodarstwo-robert-janowski.business.site/>

<https://mleczniepodkasztanem.pl/materialy-o-nas/>

[https://www.facebook.com/gospodarstwomlecznepodkasztanem/events/?ref=page\\_internal](https://www.facebook.com/gospodarstwomlecznepodkasztanem/events/?ref=page_internal)

[https://nicelocal.pl/lublin-voivodeship/shops/gospodarstwo\\_mleczne\\_pod\\_kasztanem\\_beaty\\_i\\_roberta\\_janowskich/](https://nicelocal.pl/lublin-voivodeship/shops/gospodarstwo_mleczne_pod_kasztanem_beaty_i_roberta_janowskich/)

- Business hours - open 24 hours a day, 21-070 Ludwinów, Ludwinów 68.



*Photo Source:*  
<https://mleczniepodkasztanem.pl/historia/>



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<https://mleczniepodkasztanem.pl/historia/>



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<https://mleczniepodkasztanem.pl/historia/>



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<https://mleczniepodkasztanem.pl/historia/>





## ANNEX - STRUCTURE OF MODULE CONTENT TO PREPARE SLIDES

<b>Module Name:</b> <b>The name of the partner:</b> <b>Country:</b>
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<b>The name of the module</b>	
<b>Target group involved</b>	
<b>Current information about the topic</b>	
<b>Principles of the specific module</b>	
<b>Basic terms/measures of the module/topic</b>	
<b>Training materials (tasks, case studies, exercises)</b>	
<b>Short description of the materials</b>	
<b>Link of the online resources (film or video resources)</b>	
<b>Specific images (to support the purpose of the resources)</b>	
<b>Duration</b>	
<b>Materials</b>	
<b>No of Learners/Representatives</b>	
<b>Individual or group work</b>	
<b>Step by step guide</b>	